

## **CHAPTER 10**

**Q; Can another person's energy or trauma jump off of them and get on me? Or visa-versa? Is there danger in this process?**

**A; Great question! No! It was early trauma that caused the energy to get stuck. You, the energy worker, do not have the same trauma. All you are doing is discharging that stuck energy. The energy exists between the "Hot Spots" within the client's body. The discharge is between one set of their body's cells and another set of cells in that same body. This energy is totally separate from you.**

**Picture a car battery and a set of jumper cables, and one connects one side of the cable to one terminal of the battery, and then touches the same cable to the other terminal of the battery. One gets a huge spark and a lot of electrical discharge. How much electrical energy jumps out of the jumper cable and battery onto you?**

**Honestly, none to speak of.**

**It is also recommended that two people partner up and read the book together and do the process on each other in turns. That way any extra energy that builds up is discharged. This sharing of healing works well in small and large groups. The rule is that everyone that shows up gets worked on.**

**Note on grounding: All healing is a grounding process. All healing is cumulative. If one is really concerned with bad energy jumping onto them, they can get two (2) grounding straps from an electronic supply store and connect one strap to themselves and one strap to the client, before doing this process, and then run both grounding straps to a cold water pipe or to another grounding source. Please follow the instructions that come with the grounding straps. And then do the healing process. It is very important to do the process no**

**matter what. We heal together as a group. Trust this process and do it. The healing one experiences goes way beyond the simplicity of the process. Lives are healed.**

**Note on energy: We as beings do share energy, especially with people in our own mutual space, and we choose our mates and friends based on having or sharing similar energy levels.**

**The magic of this process is that one person gets a healing session and all the people who share energy with them have a BENEFICIAL energy shift along with them! This is wonderful news.**